

POSITION	Youth Support Person
RATE	\$50 per hour
EMPLOYMENT TYPE	Contractor
LOCATION	Central Coast + Western Sydney
START	ASAP

batyr is a 'for purpose' preventative mental health organisation, created and driven by young people, for young people. We run programs that help smash the stigma surrounding mental health and empower young people to reach out for support. We help create supportive communities.

We are an energetic, fun and dynamic team who are passionate about changing the way we speak about mental health. Excitingly, we are on the hunt to build our team with even more passionate, skilled and driven people to continue to develop our high-performance culture and expand the reach and impact of batyr.

about you

You are a mental health professional who is passionate about working with young people. You are a relaxed individual, happy to go with the flow and create a fun and supportive environment for young people to gain the confidence to share their story of mental ill-health.

You also know a thing or two about self-care and love it. You are either working part-time, returning to work or have a flexible schedule to do workshops during the week or weekend. While the workshops won't be super often, you're excited to get on board when they are and are enthusiastic about supporting young people through their journey with us.

position summary

The Youth Support Person (YSP) is a mental health professional who aims to create a safe workshop environment for all participants in our Being Herd Pathways workshops.

Being Herd Pathways is an opportunity to turn what is commonly seen as a disadvantage into an advantage. The program provides workshops for small groups of young people who are currently seeking employment and have a lived experience with mental ill-health.

The half-day workshop aims to equip young people with the skills they need to start a positive conversation around mental health through the power of storytelling, to reduce stigma, and encourage others to reach out for support. The workshop also focuses on job-ready skills which aim to help young people identify their strengths and empower them with seeking and retaining employment.

During the workshop, the YSP is responsible for providing support to participants if needed. This support may be in the form of debriefing, conducting risk assessments and/or counselling. The YSP will also assist with the management of incidents to ensure that participants are safe, and encourage participants to connect with their usual support system after the workshop, or will inform them of support available for them in the community and how to access it. Throughout the entire workshop, the YSP is also expected to assist the facilitators in initiating positive conversations around mental health, checking in with participants and providing feedback to participants.

key responsibilities

- Be present for the workshop and support participants as required. This support may include: debriefing, conducting risk assessments and/or counselling
- Assist with the management of incidents to ensure that participants are safe
- Encourage participants who require it, to connect with their usual support system after the workshop, or inform them of the support available for them in the community and how to access it
- Work together with the facilitators to manage any critical incidents that may arise during the workshop
- Work with the team post-workshop to debrief any incidents or concerns and provide a Workshop Summary Letter

essential selection criteria

- Have a relevant qualification in Psychology, Social Work, Counselling, Nursing, Occupational Therapy or a related discipline
- Experience with face-to-face counselling and support work with young people
- Ability to create an approachable and safe space for young people to reach out to you for support
- Knowledge of the mental health services available to young people aged 16-24 located in Western Sydney and/or the Central Coast
- A strong interest and understanding for the importance of self-care
- A passion about sharing stories of mental health and an understanding of how this can work to reduce stigma
- Aligned to batyr's five values; empathy, inclusive, balance, positive and bold

desirable selection criteria

- An ABN is preferable, but not essential

how to apply

Please email your cover letter & CV to careers@batyr.com.au with the job title in the subject line. We will be recruiting for this role on an ongoing basis, however we are looking for applicants who are available to start ASAP. Please include your potential start date in your cover letter.