

batyr volunteer

position description

Role: batyr volunteer

Region: Sydney

Time commitment: 2 hours a week with increased hours around key events

batyr is a 'for purpose' preventative mental health organisation, created and driven by young people, for young people. Our vision is to see all young people engaged in positive conversations about mental health and to feel empowered to reach out for support when needed. We engage young people through conversations with other young people about mental health and wellbeing, educate through the sharing of young people's lived experience stories and empower young people by giving them the knowledge and skills to lead mentally healthy lives; in an effort to reduce the stigma surrounding mental ill-health and creating communities that support young people's mental health and wellbeing.

batyr is committed to providing a safe, culturally appropriate, inclusive environment for all people regardless of their ethnicity, faith, disability, sexuality or gender identity. We believe that everyone's voice is valid and worthy of being heard and because of this we strongly encourage people from all backgrounds to apply. This includes but is not limited to, people with a lived-experience of mental ill-health, Aboriginal and Torres Strait Islander people, culturally and linguistically diverse people, LGBTQIA+ people and people with disabilities.

about you

More than anything else we are looking for young people, aged 18-30, with a passion for smashing the stigma around mental ill-health and promoting help-seeking opportunities for young people. We want people who are keen to share their ideas and perspective on how we can better engage youth in your community and who are willing to put time into this role to develop the program and extend batyr's reach beyond its current state.

position summary

In 2020 we are establishing our first volunteer program in an effort to put young people at the heart of outreach and community engagement to further extend our reach and impact. The Volunteer Team's primary objective is help us spread positive messages about mental health through your community by telling us the best ways to engage with young people in your region. We want your opinion on our batyr programs and initiatives and their relevance to your local community of young people. You will also be required to attend community events to recruit participants for workshops and fundraising challenges and will have your own personal fundraising targets to reach with support of the whole team.

key tasks and accountabilities

- **Advocacy** - Represent batyr at community events in an effort to recruit for upcoming events and programs and raise awareness of batyr's offerings and help-seeking pathways in your local community
- **Consultation** – Having your say on the way batyr engages and interacts with young people in your local community to help smash the stigma and promote positive conversations about mental health.
- **Community Engagement** - Planning and facilitating activations in your community that work towards smashing the stigma around mental ill-health, promoting help-seeking and sharing skills for young people to lead mentally healthier lives.
- **Fundraising and Events** - Contributing to the event planning and project management of a new community initiative and participating in fundraising activities in your community through online crowd-funding and face-to-face activations such as barbeques and raffles.
- **Comply with batyr's policies and procedures**

essential criteria

- Passionate about the ideas of the program and being a part of positive conversations on mental health
- An understanding of your community's needs and an ability to incorporate these to enrich batyr activations
- Strong ethical and personable work attitude
- Approximately 2 hours of availability per week with increased hours around key events

what we can offer you

- Mental Health Advocacy Training
- Mental Health First Aid Training
- Support around personal wellbeing through self-care plans and optional wellbeing sessions
- Professional development in community engagement, project management, fundraising, advocacy and consultation
- Connecting to a group of like-minded people contributing to an important cause with the chance to have a tangible impact on your peers and your community
- Opportunities for ongoing development with batyr
- Check with us if your university is a partner of ours for accreditation on your university academic transcript

how to apply

Follow this link <https://www.tfaforms.com/4804504> to submit your application by 5pm on Monday the 2nd of March.

For questions about the role please contact Courtney at courtneyc@batyr.com.au

