



POSITION	Youth Support Person, NSW
SALARY	\$500 per workshop
EMPLOYMENT TYPE	Contractor
LOCATION	Greater Western Sydney, Central Coast
START	ASAP

batyr is a 'for purpose' preventative mental health organisation, created and driven by young people, for young people. We run programs that help smash the stigma surrounding mental health and empower young people to reach out for support. We help create supportive communities.

We are an energetic, fun and dynamic team who are excited to change the way we speak about mental health. We are on the hunt to build our team with even more passionate, skilled and driven people to continue to develop our high-performance culture and expand the reach and impact of batyr.

about you

You are a mental health professional who is passionate about working with young people. You are a relaxed individual, happy to go with the flow and create a fun and supportive environment for young people to gain the confidence to share their story of mental ill-health.

You also know a thing or two about self-care and love it. You are either working part-time, returning to work or have a flexible schedule to do workshops during the week or weekend. While the workshops won't be super often, you're excited to get on board when they are and are enthusiastic about supporting young people through their journey with us.

position summary

The Youth Support Person is a mental health professional who aims to create a safe workshop environment for all participants in our Being Herd Pathways workshops.

Being Herd Pathways is an opportunity to turn what is commonly seen as a disadvantage into an advantage. The program will provide workshops for small groups of young people who are currently seeking employment and have a lived experience with mental ill-health.

The two day workshop aims to equip young people with the skills they need to share their story in a safe and effective way. Through sharing their own stories they are able to start more positive conversations around mental health, reduce stigma and encourage others to reach out for support.

During the workshop, the Youth Support Person (YSP) is responsible for providing support to participants if needed. This support may be in the form of debriefing, conducting risk assessments and/or counselling. The Youth Support Person will also assist with the management of incidents to ensure that participants are safe, and encourage participants to connect with their usual support system after the workshop, or will inform them of



support available for them in the community and how to access it. Throughout the entire two days, the Youth Support Person is also expected to assist the facilitators in initiating positive conversations around mental health, checking in with participants and providing feedback to participants. There is also a portion dedicated to discussion around self-care to be facilitated by the YSP.

The YSP will work with the wider team pre-workshop to assess the suitability and level of risk associated with each young person attending the workshop, signing a Duty of Care letter prior to the dates.

The YSP will be contracted per workshop. A workshop consists of 2 days, running for approximately 7-8 hours each.

key responsibilities

- Work with the team pre-workshop to ensure the safety of participants attending and sign off on a Duty of Care letter
- Be present for the two day workshop and support participants as required. This support may include: debriefing, conducting risk assessments and/or counselling
- Assist with the management of incidents to ensure that participants are safe
- Encourage participants who require it, to connect with their usual support system after the workshop, or inform them of the support available for them in the community and how to access it
- Work together with the facilitators to manage any critical incidents that may arise during the workshop
- Deliver a section of the workshop on self-care and facilitate a group discussion
- Work with the team post-workshop to debrief any incidents or concerns and provide a Duty of Care letter

essential selection criteria

- Have a relevant qualification in Psychology, Social Work, Counselling, Nursing, Occupational Therapy or a related discipline
- Experience with face-to-face counselling and support work with young people
- Ability to create an approachable and safe space for young people to reach out to you for support
- Knowledge of the mental health services available to young people aged 18-30
- A strong interest and understanding for the importance of self-care
- A passion about sharing stories of mental health and an understanding of how this can work to reduce stigma
- Aligned to batyr's five values; empathy, inclusive, balance, positive and bold

desirable selection criteria

- An ABN is preferable, but not essential

how to apply:

Please email your short cover letter & CV to careers@batyr.com.au by 9:00am Monday 18th March with the job title in the subject line.